

On Your Way to a New Porcelain Restoration

Congratulations! You have just had one or several teeth prepared for a Porcelain Restoration. The porcelain material we use is designed to restore teeth as close as possible to their natural state. Your final restoration is a marriage of plastics and porcelains that mimic your own tooth enamel (the hard white outer layer of the tooth) in both color and texture. More importantly, porcelain mimics tooth enamel in its wear-ability and strength.

Your new tooth will be ready to bond into place at your next appointment. Your new restoration is being custom made at our qualified dental laboratory. The dental laboratory will manufacture the new restoration on a stone replica of your mouth made from the impression that we took of your prepared teeth. The dental laboratory will match the shape, size and color of your surrounding teeth with special instructions from our office.

WHAT YOU NEED TO KNOW ABOUT YOUR PROCEDURE TODAY

Your tooth or teeth have just been treated.

After any treatment, teeth that may never have had any discomfort may begin to bother you. Removing old restorations and removing decay can cause the tooth's nerve to act up. The lack of pain prior to treatment is not an indication of no decay...it is an indication that the tooth has not abscessed yet.

Whenever your tooth is drilled into there is some bruising that may take place in the live part of the tooth called the dental pulp. This Pulp contains nerve fibers that are irritated by the bruising. Bruising can make the tooth's nerve fibers touchier to cold sensations. You may expect that for the first two or three days you will want to be careful with cold fluids and food on the prepared teeth. Please call us if you are having any problems with handling the cold sensitivity over the next few days.

There are temporary restorations on your prepared teeth.

To keep your tooth comfortable till you receive your porcelain restoration, we placed a temporary restoration in or on the prepared teeth. Please refer below for more information regarding your temporary restorations.

What will happen at the next appointment?

When you return for your next appointment your porcelain restoration will be waiting for you. We may need to numb your tooth and place a rubber dam to isolate the area. We use a very technique sensitive procedure to bond the restoration into your tooth. When we are done, your tooth will be stronger and ready to use for years of chewing.

WHAT YOU NEED TO KNOW ABOUT YOUR TEMPORARY RESTORATION

A temporary crown is placed until the permanent crown is made and ready to be placed. It is normal for the gum around your tooth to be a little sore when the anesthesia wears off. This will disappear by tomorrow. Do

your best to chew on the opposite side until your next appointment. Avoid eating sticky foods because they can sometimes dislodge your temporary.

COMMON REACTIONS TO TEMPORARY RESTORATIONS

It feels rough.

Please call us if it is making your tongue sensitive.

It came off.

This is probably the most common problem. It is supposed to come off easily and some foods will help in this. Stay away from sticky foods or gum. It's important for it to be there, so call us and we can re-cement it (or you can push it back into place until you can get in).

It feels high.

Come in so we can adjust it. You can bruise your tooth's nerve if the temporary is too high.

It is sensitive.

The temporary will not seal as well as the permanent restoration will, so there may be some sensitivity to hot and cold and perhaps when chewing. If it is too uncomfortable, please call.

The temporary is very important. It protects the exposed tooth dentin so it is not sensitive. It prevents food from gathering in the preparation, and prevents the prepared tooth from shifting and moving that could make seating the permanent restoration more difficult. Use your toothbrush to clean the temporary as you normally do your teeth. Our care team will let you know if you will be able to floss around it.

If you have any questions concerning the temporary, please feel free to call. Remember, it will only be for a week or two and it will be all worth it when you get your beautiful permanent restoration.

IMPORTANT PANDEMIC INFORMATION

Since your dental care team has been in close contact with you during your procedure, please notify our office if you experience symptoms or test positive for COVID-19 within 14 days of your visit so that we can take measures to curtail the spread of any virus. It's for our health and safety as well as the safety of those who visit the practice.

ADDITIONAL QUESTIONS OR CONCERNS

Should you have any additional questions or concerns about your procedure, please contact our practice.